

# Ohio Injury Prevention Partnership

## OHIO OLDER ADULT FALLS PREVENTION COALITION

**2017 TO 2021 STATE PLAN**

**PROGRESS UPDATES – JUNE 2019**



***Reducing falls through  
collaboration & partnership***



**OHIO INJURY PREVENTION  
PARTNERSHIP**

*Older Adult Falls Prevention Coalition*

Goal 1: Awareness – To improve fall prevention awareness in Ohio.					
Objective 1: By 12/31/21, inform Ohioans about the risk factors, prevalence, consequences, and cost associated with falls and fall-related injuries by maintaining an online presence, hosting educational opportunities, and promoting National Falls Prevention Awareness Day.					
Steps	Implementing Organizations and Partners	Measure of Success	Implementation Timeline		Progress Update June 2019
			Begin	End	
Strategy 1.1.1. Maintain webpages on the Ohio Department of Aging (ODA) and Ohio Department of Health (ODH) websites.					
1. Provide quarterly website updates to ODH.	ODH, Falls Coalition chair	Number of updates to the website	1/1/17 (Quarterly)	12/31/21 (Quarterly)	The Awareness Committee provided a list of recommended changes and updates to ODH as the website was being upgraded in 2017 and 2018. In 2019, updates were provided to ODH by the Falls Coalition chair for the first two quarters using the template.
2. Partner with ODA to promote special events through the Steady U website.	ODA, Awareness Committee	Number of updates to the website	1/1/17 (As needed)	12/31/21 (As needed)	The Awareness Committee shares updates with ODA to include on the Steady U website.
Strategy 1.1.2. Provide educational opportunities including state conferences (2017, 2019, 2021) and training workshops (2020).					
1. Plan and host state conferences.	Awareness Committee	Conference call minutes; Conference registrations; Conference evaluations	1/1/17 (Biennially)	12/31/21 (Biennially)	Monthly conference calls were held by the Awareness Committee to plan the 2017 and 2019 Fall Prevention Symposiums. Planning for the 2021 conference will begin in 2020. The 2017 Fall Prevention Symposium was held on April 7, 2017 at the Crowne Plaza Columbus North in Columbus with over 250 professionals in attendance. The 2019 Fall Prevention Symposium was held on March 29, 2019 at the same location with over 200 professionals in attendance. Evaluations were reviewed by the Awareness Committee for the 2017

					and 2019 Fall Prevention Symposiums. Summary reports were produced and shared with the Leadership Team.
2. Plan and host training workshops.	Falls Coalition chair; Leadership Team	Conference call minutes; Training registrations; Training evaluations	7/1/19	12/31/21	No progress to date.
Strategy 1.1.3. Promote National Falls Prevention Awareness Day annually.					
1. Develop and distribute promotional materials to OOAFCPC members.	Awareness Committee, Falls Coalition chair	Promotional materials	6/1/17 (Annually)	9/30/17 (Annually)	Materials were created and distributed to OOAFCPC members in 2017 and 2018. National Fall Prevention Awareness Day was highlighted at the August 2018 OIPP meeting.
2. Create list of events organized by OOAFCPC members or that are being held in members' communities and promote through email and social media.	Awareness Committee, ODA	List of events; Photos; Event summaries	6/1/17 (Annually)	10/31/17 (Annually)	OOAFCPC members were encouraged to share events with the Awareness Committee in 2018. Events were promoted through the social media accounts. OOAFCPC members were encouraged to participate in the 10 Million Steps campaign coordinated by ODA.
Strategy 1.1.4. Maintain a social media presence.					
1. Educate OOAFCPC members to share special event information with the Awareness Committee co-chairs.	Awareness Committee, OOAFCPC members	Number of events shared	7/1/19 (Ongoing)	12/31/21 (Ongoing)	OOAFCPC and Awareness Committee members are regularly encouraged to send content for social media posts.
2. Post updates to OOAFCPC Facebook and Twitter accounts.	Awareness Committee	Number of posts made	1/1/17 (Ongoing)	12/31/21 (Ongoing)	Content is routinely shared through the Facebook and Twitter accounts.

3. Request that the Facebook and Twitter account information be permanently included in the OIPP quarterly newsletters.	Falls Coalition chair	OIPP quarterly newsletters	7/1/19	9/30/19	No progress to date.
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Goal 2: Promotion – To promote evidence-based fall prevention programs in Ohio.					
Objective 1: By 12/31/21, increase capacity for evidence-based programs in every Ohio county.					
Steps	Implementing Organizations and Partners	Measure of Success	Implementation Timeline		Progress Update June 2019
			Begin	End	
Strategy 2.1.1. Assess the current status and capacity of evidence-based programs at the county level.					
1. Establish contacts and gain commitment for assistance with data collection from the Area Agencies on Aging, ODH, and/or other partners.	Promotion Committee	List of contacts	1/1/17	3/31/17	The Promotion Committee is partnering with the Area Agencies on Aging, ODA, ODH, and interested coalition members to collect data. A meeting was held with Tai Chi instructors across Ohio to discuss the project.
2. Develop an ongoing data collection process with input from the Area Agencies on Aging, ODH, and/or other partners.	Promotion Committee	Data collection tool	1/1/17	3/31/17	Processes were identified to collect data on offerings of Matter of Balance, Tai Chi, and Stepping On across Ohio. This has included the development of surveys and the inclusion of questions in already established reports.
3. Collect data.	Promotion Committee	Data set	4/1/17 (Ongoing)	12/31/21 (Ongoing)	Data has been collected on Matter of Balance and Stepping On offerings in 2018. The data collection process is still ongoing for Tai Chi.
4. Produce a summary report.	Promotion Committee	Summary report	7/1/17 (Annually)	10/31/17 (Annually)	County level maps were created showing where Matter of Balance and Stepping On was offered across Ohio in 2018.
5. Identify gaps in evidence-based programming.	Promotion Committee	List of gaps	11/1/17 (Annually)	12/31/17 (Annually)	No progress to date.
Strategy 2.1.2. Fund and implement annual pilot projects.					

1. Review and update the Pilot Project RFP.	Promotion Committee, Falls Coalition chair	Pilot Project RFP	1/1/17 (Annually)	1/31/17 (Annually)	The Pilot Project RFP is reviewed and updated annually. In 2019, the Promotion Committee made changes to both the RFP and the review process.
2. Disseminate the RFP.	Promotion Committee, Falls Coalition chair	Emails	2/1/17 (Annually)	3/31/17 (Annually)	The RFP is released annually. In 2019, the RFP was released on January 31, 2019. It was shared through the OOAFCPC, OIPP, ODH, and ODA.
3. Collect and review submitted proposals.	Promotion Committee, ODH, Falls Coalition chair	Submitted proposals	4/1/17 (Annually)	4/30/17 (Annually)	In 2019, applications were due March 15. 21 applications were submitted and reviewed by members of the Promotion Committee. Four were recommended for funding.
4. Announce funded Pilot Projects.	Promotion Committee, Falls Coalition chair	Summary of funded projects	4/1/17 (Annually)	4/30/17 (Annually)	The 2019 recipients were announced at the May 3, 2019 meeting. Four projects will be funded for a total of \$15933. They include Geauga County Public Health (home modifications), Healer Within Foundation (Tai Chi), OhioHealth Foundation (Stepping On), and Lorain County Public Health (home modifications).
5. Hold conference calls with the funded Pilot Projects to review requirements and deadlines.	Falls Coalition chair	Pilot Project checklist	5/1/17 (Annually)	5/31/17 (Annually)	Conference calls are held to review requirements and deadlines. The 2019 recipient conference call was held on April 29, 2019.
6. Execute contracts and award funds.	Falls Coalition chair	Contracts	6/1/17 (Annually)	7/31/17 (Annually)	Recipients contract with the Union County Health Department to receive their grant funds. The 2019 contracts are in process and will be executed by July 1, 2019.

7. Review and update the mid-year and final report templates.	Promotion Committee, Falls Coalition chair	Mid-year and final report templates	7/1/17 (Annually)	8/31/17 (Annually)	The reports are reviewed annually by the Falls Coalition chair. They were updated in April 2019.
8. Collect and review submitted reports.	Promotion Committee, ODH, Falls Coalition chair	Submitted reports	1/1/18 (Annually)	8/31/18 (Annually)	Midyear reports for the 2018 Pilot Projects were due February 15, 2019. They will be reviewed by the Promotion Committee. Final reports are due August 31, 2019. The midyear reports for the 2019 Pilot Projects will be due January 31, 2020.
9. Recommend presentations by select funded Pilot Projects at quarterly meetings that would be of interest to OOAFC members.	Promotion Committee	Meeting minutes	11/1/18 (Annually)	5/31/19 (Annually)	In 2017 and 2018, all recipients were required to present at a quarterly meeting. All recipients successfully met this requirement. In 2019, it was decided by the Leadership Team to remove this requirement and pursue other guest speakers. Moving forward, the Promotion Committee will recommend potential presentations to the Falls Coalition chair for consideration.
10. Identify outstanding completed Pilot Projects and solicit project summaries to be featured on the OOAFC webpage.	Promotion Committee	Summaries submitted for publishing on website	7/1/19 (Annually)	11/30/19 (Annually)	No progress to date.
Strategy 2.1.3. Build capacity for evidence-based programs in counties as needed.					
1. Review identified gaps in evidence-based programming based on summary report.	Promotion Committee	List of gaps	7/1/19	1/31/20	No progress to date.
2. Identify training and infrastructure needs.	Promotion Committee	List of needs	7/1/19	1/31/20	No progress to date.

3. Develop a plan to address training and infrastructure needs.	Promotion Committee	Written plan	2/1/20	4/30/20	No progress to date.
4. Implement plan.	Promotion Committee	Number of trainings held, Number of counties represented at trainings	5/1/20 (Ongoing)	12/31/21 (Ongoing)	No progress to date.
Strategy 2.1.4. Complete report documenting the process for building capacity for evidence-based programming in Ohio.					
1. Document the process for assessing the capacity of evidence-based programs in Ohio.	Promotion Committee	Documented process	1/1/17 (Ongoing)	12/31/21 (Ongoing)	The process for Strategy 2.1.1. is being documented by the co-chairs of the Promotion Committee.
2. Produce a report.	Promotion Committee	Report	1/1/21	6/30/21	No progress to date.
3. Create dissemination plan.	Promotion Committee	Written plan	3/1/21	6/30/21	No progress to date.
4. Disseminate report.	Promotion Committee, Falls Coalition chair	Emails, published reports, presentations at conferences like MIPA, and/or abstracts	7/1/21	12/31/21	No progress to date.



Goal 3: Infrastructure - To build and support a sustainable network of fall prevention advocates.					
Objective 1: By 12/31/21, increase membership of the OOAFPC by 10%.					
Steps	Implementing Organizations and Partners	Measure of Success	Implementation Timeline		Progress Update June 2019
			Begin	End	
Strategy 3.1.1. Assess gaps in membership.					
1. Develop member survey.	Infrastructure Committee	Survey	2/1/19	2/28/19	A member survey was created in survey monkey. The survey included questions on participation, satisfaction, improving meetings, and gaps in membership.
2. Administer member survey.	Infrastructure Committee	Number of completed surveys	3/1/19 (Biennially)	4/15/19 (Biennially)	The survey was administered to the membership in March 2019. 51 members completed the survey. A summary presentation was created and given at the May 3, 2019 meeting. A list of membership gaps was compiled using the survey results. These gaps will be addressed in the member recruitment plan in 2019.
3. Review roster and identify gaps.	Infrastructure Committee	List of gaps	12/1/19 (Annually)	12/31/19 (Annually)	In December 2019, the member roster will be reviewed to identify additional gaps. This information will help drive member recruitment in 2020.
Strategy 3.1.2. Recruit members based on identified gaps.					
1. Develop plan for recruiting new members.	Infrastructure Committee	Written plan	5/1/19	6/30/19	As described above, a survey was administered to the membership with questions on member recruitment and retention. The

					survey results were used to develop a member recruitment plan. The plan includes an annual membership drive for June/July. The first drive will be conducted in July 2019.
2. Develop OOAFPC promotional flyer.	Infrastructure Committee	Promotional handout	6/1/19	6/30/19	An OOAFPC flyer was developed. This flyer will be used for member recruitment.
3. Assign recruitment tasks to committee members.	Infrastructure Committee	List of assignments	7/1/19 (Annually)	7/31/19 (Annually)	Tasks for the membership drive will be assigned to Leadership Team members in July 2019.
4. Implement recruitment plan.	Infrastructure Committee	List of new members	7/1/19 (Annually)	12/31/19 (Annually)	The plan will begin implementation in July 2019.
Strategy 3.1.3. Create and implement an onboarding process for new members.					
1. Define activities and develop materials to be used to introduce new members to the OOAFPC.	Infrastructure Committee	Introduction packet and documented onboarding process	1/1/17 1/1/19	6/30/17 1/31/19	A new member packet was created in February 2017. This packet was reviewed and updated in January 2019. In addition, a document detailing the new member orientation process was written. The packet includes the annual meeting schedule, the state plan, the latest coalition update, the latest member roster, and a data report from ODH.
2. Use activities and materials to welcome new members.	Infrastructure Committee	Number of new members who complete onboarding process	7/1/17 (Ongoing)	12/31/21 (Ongoing)	ODH alerts the Falls Coalition chair when new members have joined the coalition. A welcome email is sent with the packet of materials described above. In addition, new members are welcomed through the orientation session held in coordination with the OIPP. A Leadership Team member attends these sessions as a representative of

					the coalition and provides hard copies of the packet.
Objective 2: By 12/31/21, retain at least 65% of the OOAFC membership.					
Strategy 3.2.1. Monitor membership.					
1. Develop tracking system for member attendance at OOAFC meetings.	Infrastructure Committee, ODH, Falls Coalition chair	Tracking system	1/1/17	2/28/17	The member roster was reviewed and updated in January 2017. This included adding columns for members to mark attendance at the coalition meetings. The member roster is updated after the quarterly meetings and emailed to the membership with the minutes.
2. Implement tracking system.	Infrastructure Committee, ODH, Falls Coalition chair	Number of members in attendance	3/1/17 (Ongoing)	12/31/21 (Ongoing)	The updated member roster reflecting meeting attendance is emailed to the membership after each quarterly meeting.
Strategy 3.2.2. Update and share member roster.					
1. Update member roster.	ODH, Falls Coalition chair	Member roster	1/1/17 (Ongoing)	12/31/21 (Ongoing)	The member roster is routinely updated by the Falls Coalition chair with assistance from ODH.
2. Share member roster at OOAFC meetings.	Falls Coalition chair	Member roster	1/1/17 (Quarterly)	12/31/21 (Quarterly)	The member roster is shared with the membership through email immediately following the quarterly meetings.
3. Identify process for follow-up with non-attending members.	Infrastructure Committee	Written plan	10/1/19	12/31/19	No progress to date.
4. Implement follow-up process.	Infrastructure Committee	Number of non-attending members contacted	1/1/20 (Annually)	12/31/21 (Annually)	No progress to date.
Strategy 3.2.3. Promote fall prevention awareness through the OIPP Promising Practice and Champion Awards.					
1. Identify members of the OOAFC as potential nominees	Infrastructure Committee	List of nominees	5/1/17 (Annually)	7/31/17 (Annually)	The OIPP Promising Practice and Champion Awards are promoted to the membership through email

for OIPP Promising Practice and Champion Awards.					annually. In addition, the Leadership Team is encouraged to promote the awards through their committee members.
2. Submit nominations.	Infrastructure Committee	Nominations	8/1/17 (Annually)	9/30/17 (Annually)	Nominations were secured in September 2017 and September 2018.

**Goal 4: Policy – To provide information to organizational, local and state leaders resulting in policies that address fall prevention interventions.**

**Objective 1: By 12/31/21, develop documents that will aid organizations in adopting policies or practices that reduce falls and fall-related injuries.**

Steps	Implementing Organizations and Partners	Measure of Success	Implementation Timeline		Progress Update June 2019
			Begin	End	
Strategy 4.1.1. Identify and disseminate model policies and practices in member and community organizations.					
1. Develop process for collecting information on model policies and practices.	Policy Committee	Documented process	1/1/17	3/31/17	The Policy Committee decided to collect sample organizational policies and position statements regarding falls and fall prevention from members. This information was solicited through a survey.
2. Implement collection process.	Policy Committee	List of policies and practices	4/1/17	9/30/17	Sample policies and position statements from coalition members were collected over a six-month period using a survey. A summary document was written.
3. Disseminate listing.	Policy Committee	Emails, published reports, presentations, and/or abstracts	10/1/17	12/31/17	The summary document was shared at a quarterly coalition meeting and disseminated to members by email.
Objective 2: By 12/31/21, develop and implement a plan to support the adoption of one evidence-based falls prevention policy.					
Strategy 4.2.1. Identify one falls prevention policy and prepare educational documents.					
1. Research and identify one evidence-based falls prevention policy.	Policy Committee, OIPP Injury Prevention Policy Action Group (IPPAG)	Identified policy	1/1/19	4/30/19	Based on feedback from ODH and ODA, it was decided that the Policy Committee should focus on putting policy guidance documents rather than pursuing state legislation. The Policy Committee selected guidance documents for senior centers related to fall prevention as the first project.
2. Gather supporting falls data.	Policy Committee, OIPP IPPAG	Summary report	5/1/19	8/31/19	No progress to date.

3. Prepare fact sheets.	Policy Committee, OIPP IPPAG	Fact sheets	9/1/19	12/31/19	No progress to date.
4. Educate OOAFC members on the identified policy.	Policy Committee, OIPP IPPAG	Meeting minutes	1/1/20	2/28/20	No progress to date.
5. Recruit partners to disseminate and implement identified policy.	Policy Committee, OIPP IPPAG	Identified partner(s)	3/1/20	12/31/20	No progress to date.
Objective 3: By 12/31/21, establish the feasibility of requiring Ohio insurers to cover balance and mobility training.					
Strategy 4.3.1. Conduct feasibility and cost benefit analysis.					
1. Meet with ODH to discuss policy opportunities with the ACL 2019 funding.	Policy Committee, OIPP IPPAG, ODH	Meeting minutes	6/1/19	12/31/19	No progress to date.
2. Partner with policy champion(s) to secure the Legislative Budget Office report.	Policy Committee, OIPP IPPAG, Policy champion(s)	Legislative Budget Office report	1/1/20	12/31/20	No progress to date.
Strategy 4.3.2. Develop a strategy based on the analysis.					
1. Develop strategy based on the feasibility and cost benefit analysis.	Policy Committee, OIPP IPPAG, Policy champion(s)	Written plan	1/1/21	12/31/21	No progress to date.

Goal 5: Data – To capture and use quality fall-related data in order to monitor trends.					
Objective 1: By 12/31/21, the current falls data infrastructure will be improved to meet the needs of the OOAFPC members.					
Steps	Implementing Organizations and Partners	Measure of Success	Implementation Timeline		Progress Update June 2019
			Begin	End	
Strategy 5.1.1. Assess data needs of OOAFPC members.					
1. Collect information on the data needs of members through the biennial member survey.	Infrastructure Committee	Data set	3/1/19 (Biennially)	4/15/19 (Biennially)	The member survey administered by the Infrastructure Committee in March 2019 included a question on members’ data needs. A list was compiled using the survey results.
2. Create report.	Infrastructure Committee	Data set	5/1/19 (Biennially)	6/30/19 (Biennially)	A list of data needs was compiled using the survey results. This list will be reviewed by the Leadership Team during the July 2019 conference call.
Strategy 5.1.2. Develop and implement a plan to address data needs.					
1. Develop plan to address data needs.	Leadership Team, Data Action Group (DAG), ODH	Written plan	8/1/19 (Biennially)	12/31/19 (Biennially)	A plan to address the needs identified in the member survey will be written following the July 2019 Leadership Team conference call.
2. Implement plan.	Leadership Team, DAG, ODH	Data products	1/1/20 (Ongoing)	12/31/21 (Ongoing)	No progress to date.