

## COVID-19 Information for At-Home Learning Educational Opportunities for Middle School Students

With K-12 schools currently closed, parents and guardians may be looking for ways to help enhance their children's learning during this time at home. The following resources\* provide learning opportunities for kids in the middle school age range:

- [Art for Kids Hub](#) – Art lessons for kids of all ages.
- [Ben's Guide to the U.S. Government](#) – Learn all about the U.S. government.
- [Exploration of the Day](#) – Artist Keri Smith provides daily creative prompts for making artworks at home.
- [Great Lakes Science Center](#) – Daily videos with challenges that support STEM learning.
- [InfOhio](#) – A digital library of resources for Ohio's preK-12 students.
- [Jarrett J. Krosoczka](#) – Daily art lessons from this author and illustrator of Lunch Lady and more.
- [Khan Academy](#) – Instructional videos and exercises for students of all ages in a variety of subjects.
- [National Museum of Natural History](#) – Tour the Hall of Mammals, Hall of Geology, Gems, and Minerals, Hall of Fossils, and more.
- [National Women's History Museum](#) – Learn about women who have made history in the U.S.
- [NeoK12](#) – Educational games and videos.
- [Nova](#) – In-depth science documentaries and series.
- [Ohio Digital Library](#) – Check out and download e-books.
- [Ohio's Learning Standards](#) – These learning standards explain the knowledge and skills Ohio's students in prekindergarten through grade 12 need to know and be able to do.

For more information, visit: [coronavirus.ohio.gov](https://coronavirus.ohio.gov)

- [OhioMeansJobs.com](http://OhioMeansJobs.com) – Take part in career exploration activities to learn about the pathways to many different career options.
- [PBS Learning Media](http://PBS Learning Media) – Videos and activities for a variety of academic subjects.
- [Physics Central](http://Physics Central) – Physics-based comic books from the American Physical Society.
- [Sciencemag.org](http://Sciencemag.org) – Read about the latest in science.
- [TEDEd](http://TEDEd) – Educational and entertaining videos on a variety of topics, including the arts, health, science, social studies, technology, and more.
- [World Atlas](http://World Atlas) – Visit the seven continents of the world through an interactive map.

For additional information, visit [coronavirus.ohio.gov](http://coronavirus.ohio.gov).

\* Links are provided as a courtesy. Contents of each site are the property, thoughts and opinions of their respective owners.

For answers to your COVID-19 questions, call 1-833-4ASKODH (1-833-427-5634).

*If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1.800.985.5990 (1.800.846.8517 TTY), connect with a trained counselor through the Ohio Crisis Text Line – text the keyword “4HOPE” to 741 741, or call the Ohio Department of Mental Health and Addiction Services help line at 1.877.275.6364 to find resources in your community.*

*Additional resources:*

*Medium.com: The Best 20 Websites Where You Can Learn Science For Free: <https://medium.com/@mashster/the-best-20-websites-where-you-can-learn-science-for-free-715c4e7db79d>.*

*Over 30 Virtual Field Trips with Links:*

*[https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\\_w/preview?fbclid=IwAR3gpqIMy-ZT\\_C-AHMKluL45Rak8QH2UBt7wUXTrynhgXM08salOwJMyzpw&pru=AAABcQi6hgw\\*N71SBHujaJhjXNM3goD7-A](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR3gpqIMy-ZT_C-AHMKluL45Rak8QH2UBt7wUXTrynhgXM08salOwJMyzpw&pru=AAABcQi6hgw*N71SBHujaJhjXNM3goD7-A).*

*Open Culture: [200 Free Kids Educational Resources: Video Lessons, Apps, Books, Websites & More:](http://www.openculture.com/free_k-12_educational_resources)*

*[http://www.openculture.com/free\\_k-12\\_educational\\_resources](http://www.openculture.com/free_k-12_educational_resources).*

*Travel + Leisure: Stuck at Home? These 12 Famous Museums Offer Virtual Tours You Can Take on Your Couch:*

*<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>.*

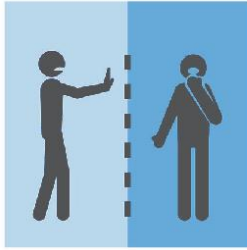
*Today.com: How to Homeschool During the Coronavirus Crisis with Free Resources:*

*<https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020>.*

For more information, visit: [coronavirus.ohio.gov](http://coronavirus.ohio.gov)



STAY HOME  
WHEN YOU ARE  
SICK



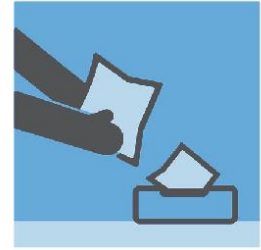
AVOID CONTACT  
WITH PEOPLE  
WHO ARE SICK



GET ADEQUATE SLEEP  
AND EAT WELL-  
BALANCED  
MEALS



WASH HANDS OFTEN  
WITH WATER AND SOAP  
(20 SECONDS  
OR LONGER)



DRY HANDS WITH  
A CLEAN TOWEL  
OR AIR DRY  
YOUR HANDS



COVER YOUR MOUTH  
WITH A TISSUE OR  
SLEEVE WHEN  
COUGHING OR SNEEZING



AVOID TOUCHING  
YOUR EYES, NOSE,  
OR MOUTH WITH  
UNWASHED HANDS  
OR AFTER  
TOUCHING SURFACES



CLEAN AND DISINFECT  
"HIGH-TOUCH"  
SURFACES OFTEN



CALL BEFORE VISITING  
YOUR DOCTOR



PRACTICE GOOD  
HYGIENE HABITS