



Babies are safest alone,  
on their backs,  
in an empty crib.



This crib may look empty,  
but baby is warm  
and safe here.

**Every week in Ohio... 3 babies die**  
in unsafe sleep environments.



Babies who sleep on their  
backs are less likely to  
choke than those who sleep  
on their stomachs.



2 out of 3 babies who died  
while sleeping were  
sharing an adult bed,  
couch or chair.  
Put baby alone in the crib.

Follow the ABCs of Safe Sleep  
**Alone. Back. Crib.**

Every Baby. Every Sleep.

[www.SafeSleep.Ohio.gov](http://www.SafeSleep.Ohio.gov)



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