

## COVID-19 Information for At-Home Learning Educational Opportunities for High School Students

With K-12 schools currently closed, parents and guardians may be looking for ways to help enhance their children's learning during this time at home. The following resources\* provide learning opportunities for kids in the high school age range:

- [edX](#) – Courses from leading universities and colleges.
- [Exploration of the Day](#) – Artist Keri Smith provides daily creative prompts for making artworks at home.
- [InfOhio](#) – A digital library of resources for Ohio's preK-12 students.
- [iTunes U](#) – Educational audio and video content and courses from some of the top colleges and universities.
- [Khan Academy](#) – Instructional videos and exercises for students of all ages in a variety of subjects.
- [Manufacture Your Future](#) – Learn about advanced manufacturing and digital technology at an Advanced Manufacturing hub in Alcoa, Tennessee.
- [Nova](#) – In-depth science documentaries and series from PBS.
- [National Women's History Museum](#) – Learn about women who have made history in the U.S.
- [NeoK12](#) – Educational games and videos.
- [Ohio Digital Library](#) – Check out and download e-books.
- [Ohio's Learning Standards](#) – These learning standards explain the knowledge and skills Ohio's students in prekindergarten through grade 12 need to know and be able to do.
- [OhioMeansJobs.com](#) – Map a plan to success after high school. Set up an account and online backpack to explore career options, build a resume, create future budgets, and find resources for college and career

For more information, visit: [coronavirus.ohio.gov](https://coronavirus.ohio.gov)

readiness.

- [PBS Learning Media](#) – Videos and activities for a variety of academic subjects.
- [Physics Central](#) – Physics-based comic books from the American Physical Society.
- [Sciencemag.org](#) – Read about the latest in science.
- [TEDEd](#) – Educational and entertaining videos on a variety of topics, including the arts, health, science, social studies, technology, and more.
- [World Atlas](#) – Visit the seven continents of the world through an interactive map.

For additional information, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov).

\* Links are provided as a courtesy. Contents of each site are the property, thoughts and opinions of their respective owners.

For answers to your COVID-19 questions, call 1-833-4ASKODH (1-833-427-5634).

*If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1.800.985.5990 (1.800.846.8517 TTY), connect with a trained counselor through the Ohio Crisis Text Line – text the keyword “4HOPE” to 741 741, or call the Ohio Department of Mental Health and Addiction Services help line at 1.877.275.6364 to find resources in your community.*

Additional resources:

Medium.com: *The Best 20 Websites Where You Can Learn Science For Free:* <https://medium.com/@mashster/the-best-20-websites-where-you-can-learn-science-for-free-715c4e7db79d>.

Over 30 Virtual Field Trips with Links:

[https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\\_w/preview?fbclid=IwAR3gpglMy-ZT\\_C-AHMKluL45Rak8QH2UBt7wUXTrynhgXM08salOwJMyzpw&pru=AAABcQi6hJw\\*N71SBHujaJhjXNM3goD7-A](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR3gpglMy-ZT_C-AHMKluL45Rak8QH2UBt7wUXTrynhgXM08salOwJMyzpw&pru=AAABcQi6hJw*N71SBHujaJhjXNM3goD7-A).

Open Culture: *200 Free Kids Educational Resources: Video Lessons, Apps, Books, Websites & More:*

[http://www.openculture.com/free\\_k-12\\_educational\\_resources](http://www.openculture.com/free_k-12_educational_resources).

Travel + Leisure: *Stuck at Home? These 12 Famous Museums Offer Virtual Tours You Can Take on Your Couch:*

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>.

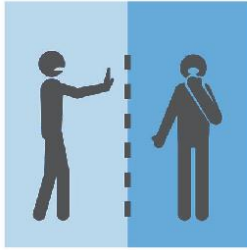
Today.com: *How to Homeschool During the Coronavirus Crisis with Free Resources:*

<https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020>.

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STAY HOME  
WHEN YOU ARE  
SICK



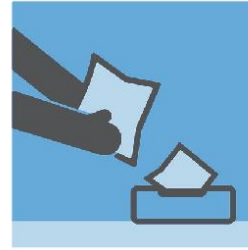
AVOID CONTACT  
WITH PEOPLE  
WHO ARE SICK



GET ADEQUATE SLEEP  
AND EAT WELL-  
BALANCED  
MEALS



WASH HANDS OFTEN  
WITH WATER AND SOAP  
( 20 SECONDS  
OR LONGER)



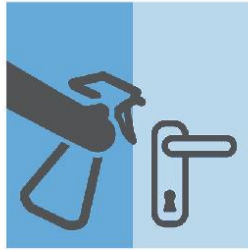
DRY HANDS WITH  
A CLEAN TOWEL  
OR AIR DRY  
YOUR HANDS



COVER YOUR MOUTH  
WITH A TISSUE OR  
SLEEVE WHEN  
COUGHING OR SNEEZING



AVOID TOUCHING  
YOUR EYES, NOSE,  
OR MOUTH WITH  
UNWASHED HANDS  
OR AFTER  
TOUCHING SURFACES



CLEAN AND DISINFECT  
"HIGH-TOUCH"  
SURFACES OFTEN



CALL BEFORE VISITING  
YOUR DOCTOR



PRACTICE GOOD  
HYGIENE HABITS