For more information, visit: coronavirus.ohio.gov
Workers’ Compensation Payment Deferral
Employers will be permitted to defer insurance premium installment payments for March, April, and May until June 1. For information visit the Bureau of Workers’ Compensation info.bwc.ohio.gov.

Hauling Permits
The Ohio Department of Transportation is modifying the permitting process for haulers carrying heavy loads of essential goods to waive a requirement for advanced permission. This will allow more haulers to exceed certain weight and size restrictions for loads of items such as food, non-alcoholic beverages, medical supplies, and cleaning products. For information, and to download the permit, visit transportation.ohio.gov.

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that businesses and employers take the following actions.

☐ Allow as many employees as possible to work from home by implementing policies in areas such as teleworking and video conferencing.

If employees do report to workplaces:

☐ Actively encourage sick employees to stay home until they are free of fever (without the use of medication) for at least 72 hours (three full days) AND symptoms have improved for at least 72 hours AND at least seven days have passed since symptoms first began. Do not require a healthcare provider’s note to validate the illness or return to work of employees sick with acute respiratory illness; healthcare provider offices and medical facilities may be extremely busy and not able to provide such documentation in a timely way.

☐ Ensure that your sick leave policies are up to date, flexible, and non-punitive to allow sick employees to stay home to care for themselves, children, or other family members. Consider encouraging employees to do a self-assessment each day to check if they have any COVID-19 symptoms (fever, cough, or shortness of breath).

☐ Separate employees who appear to have acute respiratory illness symptoms from other employees and send them home immediately. Restrict their access to the business until they have recovered.

☐ Reinforce key messages — stay home when sick, use cough and sneeze etiquette, and practice hand hygiene — to all employees, and place posters in areas where they are most likely to be seen. Provide protection supplies such as soap and water, hand sanitizer, tissues, and no-touch disposal receptacles for use by employees.

☐ Frequently perform enhanced environmental cleaning of commonly touched surfaces, such as workstations, countertops, railings, door handles, and doorknobs. Use the
cleaning agents that are usually used in these areas and follow the directions on the label. Provide disposable wipes so that commonly used surfaces can be wiped down by employees before each use.

☑️ Be prepared to change business practices if needed to maintain critical operations (e.g., identify alternative suppliers, prioritize customers, or temporarily suspend some of your operations).

For more information on COVID-19, please visit coronavirus.ohio.gov

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword “4HOPE” to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

Additional resources:
Protect yourself and others from COVID-19 by taking these precautions.

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.

1. **Stay Home**
2. **Practice Social Distancing**
3. **Get Adequate Sleep and Eat Well-Balanced Meals**
4. **Wash Hands Often with Water and Soap (20 Seconds or Longer)**
5. **Dry Hands with a Clean Towel or Air Dry Your Hands**
6. **Cover Your Mouth with a Tissue or Sleeve When Coughing or Sneezing**
7. **Avoid Touching Your Eyes, Nose, or Mouth with Unwashed Hands or After Touching Surfaces**
8. **Clean and Disinfect "High-Touch" Surfaces Often**
9. **Call Before Visiting Your Doctor**
10. **Practice Good Hygiene Habits**

For more information, visit: coronavirus.ohio.gov