

COVID-19 FAQ's

What to do if you're sick or suspect you're sick:

- ▲ **Keep in touch with your doctor.**
Contact your doctor and be sure to call before you go in. Get care if you feel worse or believe there is an emergency.
- ▲ **Stay home except to get medical care.**
People who are mildly ill with COVID-19 are able to recover at home but should not leave or visit public areas. Use CDC criteria to determine when you can stop isolating and leave home.
- ▲ **Don't be afraid to ask for help.**
Ask a family member, friend, or neighbor to get your groceries, mail, and other essential needs and leave them outside your door.



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