

Flu and COVID-19 - The Key Differences

↓ FLU

Symptoms Begin:

1 to 4 days after infection.

Complications:

Can occur, but are less likely because of immunity built up over time.

Hallmark Symptoms:

Fever, cough, shortness of breath, fatigue, sore throat, runny nose, headache, and body aches.

Spread:

Both flu and COVID-19 can spread from person-to-person, between people who are in close contact with one another and mainly by air droplets.

↓ COVID-19

Symptoms Begin:

As early as 2 days after infection or as late as 14.

Complications:

COVID-19 is a new virus, so most people have no immunity. Severe respiratory complication may come on extremely quickly.

Hallmark Symptoms:

Many symptoms are similar to the flu, however those infected with COVID-19 sometimes experience loss of taste or smell.

Spread:

COVID-19 is more contagious among certain people and age groups than flu. Also, the virus can spread more quickly and easily than the flu, resulting in continuous spread, also called superspread.



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