

Protecting Against COVID-19

Gyms Advisory Group

Included below are members of the Advisory Group who are in charge of developing statewide guidelines for gyms. Updated member list as of May 12, 2020.

Member Name	Organization
Debbie Ashenurst, Co-Chairperson	Ohio Department of Veterans Services
Pat Frock, Co-Chairperson	Retired Gym Owner
Pamela Baragona	Fred Astaire Dance Studios of Powell
Tim Cassell	Pinnacle Performance Ohio
Dana Johnson	Athletic Club of Columbus
Kelly Muir	Excel Karate for Kids
Jordan Sugarman	Lifted Studio Pilates & Fitness
Whitney Carpenter	Barre 3
Keri Croft	System of Strength
Dustin Ware	Ohio Combat Sports Academy
Eric Van Cleave	Ryze Athletics
Neil Rager	Barbell Gym
Cristen Gilbert	Mansfield Area YMCA
Erica Fleming	Core 8 LLC and DBA Mega Barre
Lisa Armitage	Goldfish Swim School
Terry Gribble	Galion YMCA
Renee Claycomb	Harmony in Health
Jill Kolesar	Akron Area YMCA
Patrick Petrecca	FitWorks
Trevor Sprague	Ashtabula YMCA
Alyssa Wilmot	The Movement Factory
Andrew Malitz	Sequoia Wellness
Tara Pizer	8 Count Performing Arts Academy
Craig Nolletti	The Ashland Warehouse, Crossfit Wooster, Crossfit499
Leslie Chapman	Toledo Yoga
Tim Dorsey	Tim Doresey Fitness
Dale King	PSKC Crossfit

Terri Moore	Athens Community Center
Joe Fey	Workout Anytime Cincinnati
Thomas Fiorini	Cincinnati Sports Club
Deanna Davis	Innergy Fitness
Tony Capuano	Snap Fitness
Oliver Fischer	Auglaize County Health Commissioner
Kyle Arn	Brown County Health Commissioner
Anna Starr	Ohio Department of Health Bureau of Maternal, Child, and Family Health
Dawna Tumbleu	Tumble U
Mike Davies	Metro Fitness North
Mike Leonard	YMCA of Greater Cincinnati
Ryan Andrachik	AAU Taekwondo

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

CORONAVIRUS DISEASE 2019

Protect yourself and others from COVID-19 by taking these precautions.

PREVENTION

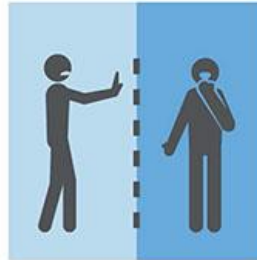
For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME EXCEPT FOR WORK AND OTHER NEEDS



WEAR A FACE COVERING WHEN GOING OUT



PRACTICE SOCIAL DISTANCING OF AT LEAST 6 FEET FROM OTHERS



SHOP AT NON-PEAK HOURS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



DON'T WORK WHEN SICK



CALL BEFORE VISITING YOUR DOCTOR