Universal Recommended Best Practices

**Masking**

- If you are not fully vaccinated* against COVID-19, wearing a mask that covers the nose, mouth, and chin will help protect yourself and others. You should wear a mask when:
  - In any indoor location that is not a residence.
  - Outdoors, if it is not possible to consistently maintain a distance of 6 feet or more between people who live in different homes/households.
  - Riding, driving, or operating public transportation, or a taxi, car service, or ride sharing vehicle.
    (This does not apply to members of a household sharing a private or rental vehicle.)
- Regardless of vaccination status, you may be asked to wear a mask in a health care setting.
- If you are fully vaccinated,* you may be asked to wear a mask in certain situations, such as when traveling on public transportation or if a business chooses to require masks.
- A mask should never be worn by/placed on anyone who:
  - Is younger than 2.
  - Cannot remove it without assistance.
  - Risks choking if wearing a mask.
  - Is sleeping/napping.
  - Is living with a medical condition that makes it unsafe to wear a mask. This includes respiratory conditions that restrict breathing, mental health conditions, or disabilities.
  - Is swimming. (Wet masks can cause difficulty breathing.)
  - Risks workplace health, safety, or job duty if wearing a mask.

**Congregating, Social Distancing, and Sanitizing**

- If you are not fully vaccinated:
  - Maintain at least 6 feet of distancing from others when possible.
  - Avoid gathering in groups with other unvaccinated individuals when possible.
  - If you gather with other unvaccinated individuals, maintain groups of no more than 10 people, separated from other groups by at least 6 feet.
  - For everyone:
    - Regularly clean high-touch surfaces.
    - Wash hands with soap and water for at least 20 seconds, or use hand sanitizer frequently.
    - Watch out for any symptoms of COVID-19. If you have fever, cough, or other signs of COVID-19, stay home and away from others.

**Persons with COVID-19 or Exposure to Someone with COVID-19**

- Anyone with signs or symptoms of COVID-19 should stay away from others and seek medical care if necessary.
- If possible, individuals with symptoms should get tested for COVID-19.
- If you have or likely have COVID-19, isolate from others for at least 10 days.
- Your local health district may contact you to obtain more information and to contact individuals who may be considered close contacts.
- If you are exposed to COVID-19 and not fully vaccinated,* quarantine as recommended by the local health district. Optimal quarantine is 14 days but, if recommended by the local health district, may be reduced to seven days if a viral test collected on or after day five has come back negative.
- If you are fully vaccinated,* quarantine or testing after exposure is generally not necessary unless symptoms develop.
  - There are some exceptions for specific settings. Always follow the direction of the local health district.
**Employees**

- Perform hand hygiene frequently, particularly between tasks. Consider wearing gloves and disposing of gloves in between tasks.
- Dispose of single-use materials between clients.
- Consider maintaining accurate appointment and walk-in records, including date and time of service, name of client, and contact information to assist in any necessary contact tracing.
- Consider use of protective eyewear (e.g., safety glasses, trauma glasses) without gaps between glasses and the face to protect from splashes and sprays.

**Customers and Guests**

- Customers and guests should not visit if they are experiencing symptoms.
- Consider staggering entry of customers/guests.
- Consider providing face coverings upon entry for clients who want one.
- Consider allowing only clients in the establishment for their service, unless the client must be accompanied by a caregiver, especially for those who are not fully vaccinated.*
- Consider asking clients who are receiving oral or nose piercings to wear a mask before and after the piercing is performed.
- Where possible, consider accepting customers by appointment only.
- Consider increasing availability for curb-side pickup for products.
- Consider scheduling appointments with adequate time in between to reduce the number of clients in the establishment.
- Consider asking clients to wait outside in their vehicle or, if not possible, at the entrance of the business with at least 6 feet between clients, until their scheduled appointment.

**Physical Spaces**

- Consider establishing maximum capacity.
- Make hand sanitizer and cleaning products readily available throughout the site for employees and customers.
- Regularly clean and disinfect high-contact surfaces, workstations, restrooms, and equipment.
- Clean chairs and equipment before and after each use.
- Consider designating with signage, tape, or other means 6-foot spacing for employees and customers in line to maintain appropriate distance.
- Where possible, consider posting clearly visible signage at entrances and elsewhere with COVID-19 prevention practices and the recommendation that anyone who is not fully vaccinated should to wear a mask and practice social distancing. Signage is available for download on the Posters and Signs page at coronavirus.ohio.gov. If printing assistance is required, contact the Ohio Department of Health Call Center at 1-833-4-ASK-ODH (1-833-427-5634).
- Consider discontinuing self-service refreshments.
- Consider discontinuing client use of product testers and switching to employee-only product handling.
- Consider discarding magazines and other non-essential items in the waiting area that cannot be disinfected.
- Consider use of contactless payments where possible.
- Consider maximizing ventilation, including opening doors and windows, and employing filtration of MERV 13 or higher.

**NOTE:** Employers, businesses, organizations, and event organizers may choose to require masking, social distancing, and/or other COVID-19 mitigation measures.

*You are fully vaccinated if at least two weeks have passed since you received the second shot of a two-dose vaccine (Moderna, Pfizer) or since you received a single-dose vaccine (Johnson & Johnson).