

COVID-19 Checklist for Living in Farm/Group Housing

Protecting Against COVID-19

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that all workers living in group or farm housing take the following precautions.

- Practice social distancing by staying 6 feet from others whenever possible, including while in living quarters.
- Avoid handshakes, hugs, and fist/elbow bumps.
- Use the below prevention practices:
 - Wash hands with soap and water for at least 20 seconds many times a day. Hand sanitizer with at least 60% alcohol can be used if soap and water are not available.
 - Don't touch your eyes, nose, and mouth with unwashed hands.
 - Cover coughs/sneezes with a tissue or the inside of the elbow. Immediately place used tissues in the trash and wash hands.
 - Cover your nose, mouth, and chin with a cloth face covering when around others. Wash the covering after each use.
 - Cloth face coverings should never be placed on children younger than two, anyone who has trouble breathing, or anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
 - Regularly clean and disinfect surfaces in living areas. Use a household cleaner or wipe. Some of these surfaces are doorknobs, light switches, countertops, tables, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- People at high risk of developing severe illness from COVID-19 should stay away from others whenever possible. If you are 65 or older or have any of the following, you are at higher risk.
 - Chronic lung disease or moderate to severe asthma.
 - A serious heart condition.
 - A compromised/weakened immune system.
 - Severe obesity.
 - Diabetes.
 - Chronic kidney disease, receiving dialysis.

- Liver disease.

- If you are sick, stay away from those who are not sick and tell your supervisor.
- Stay with the people in your home or living space as much as possible but stay 6 feet apart as much as possible. Place beds 6 feet apart and arrange them so you can sleep head to feet, not head to head.
- Do not gather in groups outside living units for any reason, including birthdays or other celebrations, sports, or games.
- Have one or two low-risk people in your home or living unit shop for food, medication and other essential items. Shoppers should:
 - Wear masks.
 - Stay 6 feet from others.
 - Disinfect shopping cart handles if possible.
 - Not touch their faces.
 - Clean their hands with sanitizer immediately after leaving a store.
 - Wash their hands as soon as they arrive home.
- Don't use public transportation, such as the bus, if possible. If you must use public transportation, maintain a 6-foot distance from other passengers as possible, avoid touching surfaces such as handrails, and wash hands or use hand sanitizer as soon as possible after arriving at your destination.
- Clean keys and high-touch areas inside vehicles between trips. These areas include stick shift, steering wheel, doors and handles, armrests, seat belts, glove boxes, and controllers, dials, and radio buttons.
- As much as possible, don't ride in a vehicle with members of different households.
- If you have more than one person in a vehicle, stay as far apart as possible. Have everyone use hand sanitizer before getting in the vehicle and after getting out.
- Travel with windows down, if feasible, for added ventilation.
- Disinfect fuel pump handles and touch screens with a wipe if possible or use a disposable towel or other covering when handling. Wash or sanitize hands immediately afterward.

To report complaints or apparent violations, complaints against employment services, or for job placement information, please leave a message at the Ohio Department of Job and Family Services farmworker hotline, 1-888-296-7541, and

someone will call you back.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

CORONAVIRUS DISEASE 2019

Ohio

Department
of Health

Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

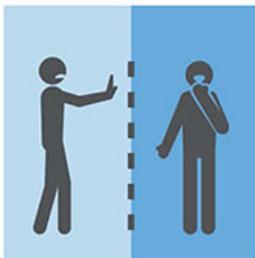
For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME
EXCEPT FOR
WORK AND
OTHER NEEDS



WEAR A FACE
COVERING WHEN
GOING OUT



PRACTICE SOCIAL
DISTANCING OF
AT LEAST 6 FEET
FROM OTHERS



SHOP AT
NON-PEAK
HOURS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



COVER YOUR
MOUTH WITH A
TISSUE OR SLEEVE
WHEN COUGHING
OR SNEEZING



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



DON'T WORK
WHEN SICK



CALL BEFORE
VISITING YOUR
DOCTOR

For more information, visit: coronavirus.ohio.gov