WHAT TO DO IF YOU HAVE COVID-19

Regardless of Symptoms or Vaccination Status

• If you are having symptoms of COVID-19 and waiting for your test results, stay home until you get your results.

• If you test positive for COVID-19, stay home for the next five days regardless of symptoms or vaccination status.

• Stay away from other people as much as possible (including those in your own household).

• If you can't stay away from other people in your household, wear a three-layer (or better) mask.

• If you did not experience any symptoms, you may resume normal activities after five days while wearing a mask for the next five days.

• If you did experience symptoms, is your fever gone and have your other symptoms started to improve by day 6?

NO

• Stay home until your fever is gone and other symptoms have improved.*

• Continue to wear a mask for the next five days.

YES

• Resume normal activities while wearing a mask for the next five days.

*Some symptoms, including loss of taste and smell, may persist for weeks or months after recovery. These lingering symptoms should not extend the isolation period.

WHAT TO DO IF YOU WERE EXPOSED TO COVID-19
Regardless of Vaccination Status or Prior Infection

- Wear a mask around others for 10 days.

- If you develop symptoms, stay home.
- Even if you do not develop symptoms, test after five full days, unless you tested positive for COVID-19 in the last 3 months.

If you test negative:
- Continue wearing a mask around others for five days.

If you test positive:
- Follow "What to Do If You Have COVID-19" flowchart on page one.

https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html