COVID-19 Guidance on Ohio Travel

Protecting Against COVID-19

It is advised that anyone entering Ohio from a state with high incidence of COVID-19 quarantine after leaving that state. This includes states that report positive testing rates of 15% or higher for the disease. A list of states isolated every Wednesday. Find the current list and other information about the travel advisory and quarantine on Ohio’s COVID-19 Travel Advisory page.

Continue to monitor coronavirus.ohio.gov for any future changes or updates to travel restrictions or advisories.

Additional guidance that can help you protect yourself and others during travel or transportation:

- If you are at increased risk of severe illness from COVID-19, limit travel.
- If you are sick or have recently had a close contact (closer than 6 feet for at least 15 minutes) with a person with COVID-19, do not use public transportation and stay home except to seek medical care.

Practice hand hygiene and respiratory etiquette:
- Before you leave, and when you reach your destination, wash your hands with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your coughs and sneezes with a tissue or use the inside of your elbow. Throw used tissues in the trash and wash your hands immediately or use hand sanitizer.

Try to keep at least 6 feet from people who are not members of your household (for example, when you are waiting at a bus station or selecting seats on a train).

Wear cloth face coverings when physical distancing is difficult.

Note: Cloth face coverings should not be placed on:
- Babies and children younger than 2 years old.
- Anyone who has trouble breathing or is unconscious.

For more information, visit: coronavirus.ohio.gov
• Anyone who is incapacitated or otherwise unable to remove the cloth face covering without assistance.

☑ If you need special accommodations or assistance while traveling (for example, help with a wheelchair lift or with carrying bags), if possible, take a transportation “buddy” with you (preferably from your household) to help you during travel.

☑ In personal vehicles, consider limiting the number of passengers in the vehicle to only those necessary (for example, choose one or two family members who are not at higher risk for severe illness to run the essential errands).

☑ Improve the ventilation in personal vehicles if possible (for example, open the windows or set the air ventilation/air conditioning on non-recirculation mode).

☑ Use disinfectant wipes to clean frequently touched surfaces before use in personal vehicles or on rented scooters or bicycles.
  • In personal vehicles this could include the steering wheel, gear shift, door frame/handles, windows, radio/temperature dials, and seatbelt buckles).
  • On rental equipment, this could include handlebars, gears, braking handles, and locks.

☑ Limit touching of frequently touched surfaces in public transportation and in taxis or other ride services.
  • In public transportation areas this could include kiosks, digital interfaces (for example, touchscreens and fingerprint scanners), ticket machines, turnstiles, handrails, restroom surfaces, elevator buttons, and benches as much as possible.
  • In taxis or ride services, this could include the door frame and handles, windows, and other vehicle parts.

If you must touch these surfaces, as soon as you can, wash your hands for 20 seconds with soap and water or rub your hands with sanitizer containing 60% alcohol.

☑ When using parking meters and pay stations, consider using alcohol wipes to disinfect surfaces or use hand sanitizer containing at least 60% alcohol after use. Wash hands with soap and water for at least 20 seconds as soon as it is possible.

**Additional guidance for public transportation:**

☑ Use touchless payment and no-touch trash cans and doors when available. Exchange cash or credit cards by placing them in a receipt tray or on the counter rather than by hand, if possible.

☑ When possible, consider traveling during non-peak hours when there are likely to be fewer people.
Avoid gathering in groups, and stay out of crowded spaces, when possible, especially at transit stations and stops.

Consider skipping a row of seats between yourself and other riders if possible.

Enter and exit buses through rear entry doors if possible.

Look for social distancing instructions or physical guides offered by transit authorities (for example, floor decals or signs indicating where to stand or sit to remain at least 6 feet apart from others).

**Additional guidance for taxis or ride-share services:**

Avoid accepting offers of free water bottles and avoid touching magazines or other items that may be provided for free to passengers.

Limit the number of passengers in the vehicle to only those necessary.

Avoid pooled rides or rides where multiple passengers are picked up who are not in the same household.

Sit in the back seat in larger vehicles such as vans and buses so you can remain at least 6 feet away from the driver.

Ask the driver to improve the ventilation in the vehicle if possible (for example, by opening the windows or setting the air ventilation/air conditioning on non-recirculation mode.)

You may also wish to check with your local health department for further guidance on travel plans and self-quarantine recommendations. To search local health departments in your area, please visit [https://odh.ohio.gov/wps/portal/gov/odh/find-local-health-districts](https://odh.ohio.gov/wps/portal/gov/odh/find-local-health-districts).


*Updated Dec. 5, 2020.*

For more information on COVID-19, please visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov).

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.